

the wild colonial boy 8 july 1964 saps 68

THE WILD COLONIAL BOY is published by John Foyster, PO Box 57, Drouin, Victoria, Australia, for the SPECTATOR AMATEUR PRESS SOCIETY.

Just to refresh your memory, I should point out that WCBs 5 & 7 appeared in the 67th mailing. The 6th & 8th issues will, barring accidents, appear in the 68th, even if the part of the 6th which was totally unreadable has to appear in the 8th, as under.

"SAPS" IS A LOAD OF OLD RUBBISH"

The time for retrenchment has come. The fourth issue of this journal did not result in a flood of comment - some people were kind enough to send letters, but the response in SAPS was overwhelmingly discouraging. Some people were very nice, but obviously there was too much, too at-once, and I suspect Jack Chalker will soon come to the same conclusion. So I intend to cut down on the quantity, or at least make sure that what does go through SAPS is stuff that I write myself, so that I alone can bear the brunt of indifference. Besides, I have another fanzine to worry about now, and except for ~~part~~ further Barrett Chronicles, that will chew up any outside material I manage to squeeze from recalcitrant Aussies. Then again I will not have so much time for pubbing this year, unless I can persuade the other typer to cut a reasonable master, since this is available only at weekends. I've managed to carve myself a restful little niche at Drouin High School, but I'll have a bit of work to do if I'm to keep it; there is someone who will take my job very easily if I slip a little.

Anyway, it's a good thing to write a few lines like this whenever you have over forty pages in the mailing."

COMMENT: That is a load of old rubbish, but no matter what the facts, the result is that I'll be doing mainly mailing-comments for the next couple of mailings.

LIFE AT 7/8 A DAY

My recently-purchased POCKET HERBAL (1800, by John Chambers M.D.), contains the following useful "Cheap Diet For The Poor".

'Salep, a preparation of the Orchis root, is said to contain the greatest quantity of vegetable material in the smallest bulk. Its powder, in portable soup, (boiled in water) forms a rich Jelly, and has the singular property of concealing the taste of salt water. Is of great use in the Sea Scurvy, highly serviceable in the Diarrhoea, and Dysentery, in the Strangury, and Dysury, especially when arising from a venereal cause. And useful remedy for patients who labour under the Stone or Gravel.

	s.	d.
'Take Salep, two pounds, at per pound 4s. 6d.	9	0
Portable soup, two pounds, at per pound 2s. 6d.	5	0
	<u>14</u>	<u>0</u>

Will afford wholesome diet for one person for a month.

'An ounce of each, dissolved in two quarts of boiling water, will convert it into a thick jelly, which will be sustenance for one man sufficient for a day; and as being a mixture both of animal and vegetable food, must prove more wholesome and nourishing than double the quantity of rice cake, made by boiling rice in water.

'To the above soup may be added Spices, the Aromatic Herbs, Salt, Vinegar, &c. and, when they are to be had, Turnips, Carrots, Parsnips, Cabbage, or their Sprouts, which will make a mess that any person may eat with pleasure.

'The stomach and entrails of all sorts of cattle, well washed and cleaned, make as good nourishing broth as any part of the meat itself; and when the above ingredients are added to it, will be equally agreeable. These entrails may be had gratis from the butchers; they generally give them to their hogs, or throw them away. I have recommended this broth to great numbers of the poor, who at first are very fond of it, but soon grow tired of the trouble of washing the entrails.'

So there it is. Next time you are out of a job, you may live cheaply on this wonderful food. And if you should become thirsty, take a swig of this

CHEAP DRINK FOR THE POOR

Take of water, 16 gallons, and boil one half of it; put the water thus boiled, while in full heat, to the reserved cold part, which should be previously put into a barrel, or other vessel; then add 12 or 16 pounds, more or less, of Treacle, stirring the whole well together; add half a pint of Yeast, and keep it in a temperate situation, with the bung-hole open, for two days, till the fermentation is abated; then close it up, and it will be fit to drink in a day or two afterwards; or you may bottle it off.

With the addition of a few tablespoonfuls of the Essence of Spruce to the above, at the time you put in the Treacle, the celebrated Spruce Beer is made. Those beers must be drank before the fixed air with which they abound is exhausted, otherwise the good medical qualities and the pleasantness of the taste will be lost.

Next, for the benefit of Frank Wilimczyk, and Convention fans generally

'As the Poor are often coming to Ladies' houses to beg some Wine, it would be well, if those who are charitably inclined,

and can afford it, were to make every year a cask of Elderberry Wine, which would not cost much, as being made with the coarsest sugar; and it is the most salutary Wine that can be given them, and made with very little trouble, as follows:
To Make Elderberry Wine, or any kind of Wine of Fruits or Berries - To every gallon of juice of the fruit or berries, add 2 gallons of Spring Water; and to every gallon of the liquor thus mixed, put 3 pounds of the coarsest Sugar; let them stand ten days or a fortnight, stirring it frequently the first four days; when it has stodd its time take off the head, add 1 gallon of the best Brandy to every 14 gallons of the liquor, and tun it. After it has fermented, and stood several weeks, and done working, add some egg-shells and paper down the cask; and in March you may rack it off from the lees, and put it back into the cask when it is cleaned, and let it stand three weeks, and if it is fine you may bottle it, though it would be much better to let it stand till the October following; when it is bottled, cork it well, and keep it laid on its side, that the corks may be always sufficiently swelled, to keep out the air.'

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COMENTS

OUTSIDERS 55

My, ah, creative impulses seem to be surging rather slowly this morning. Perhaps it's an aftereffect of seeing Annelie and Andrew Thorndike's THE RUSSIAN MIRACLE PART 1. There IS a film. Anyway, Wrai, just last week I found a brand of envelope which has nice candy-flavoured stickum. I don't write any more letters, but I go through a lot of envelopes.

YEZIDEE 7

I didn't read ANNALS OF SHALAR.

SAPTERRANEAN 10

Frankly, Walt, I don't see much purpose in getting a translation of CARMINA BURANA, and though I've only seen one or two of these I agree with you as to their quality.

BATHTUB GIN

Enjoyed. And in these comments that's saying something.

SPELEOBEM 23

I voted to retain Breen, in case anyone wants to count heads. I guess this makes me an old SAP and tired.

